How Playing an Instrument Benefits Your Brain

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<http://tinyurl.com/oaxduq3>

1. Neuroscientists get excited about watching the brain functions of musicians because?

1. Musicians use different parts of their brain to complete tasks
2. Musicians use more of their brain to complete tasks
3. Musicians use more parts of their brain simultaneously to complete tasks
4. Musicians use their brains surprisingly when completing tasks

2. Playing music is the brain’s equivalent of a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_,

3. Learning a musical instrument engages which different areas of the brain at the same time?

1. Visual, motor and cerebral cortices
2. Auditory, motor and visual cortices
3. Motor, cerebral and auditory cortices
4. Cerebral, motor and fine motor cortices

4. The bridge between the two brain hemispheres is called?

1. Corpum callum
2. Coopco coolism
3. Capum cullim
4. Corpus callosum

5. Learning a musical instrument teaches your brain how to create, \_\_\_\_\_\_ and retrieve memories more effectively?

1. Store
2. Find
3. Make
4. Erase

6. Because making music also involves crafting and understanding its emotional content and message, musicians often have higher levels of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

7. Executive function is a series of interlinked tasks that includes planning, strategizing, and attention to \_\_\_\_\_\_\_\_.

1. Habits
2. Facts
3. Features
4. Detail

8. Learning a musical instrument has been found to assist in our memory abilities. How does your capacity to remember facts, ideas, things you have seen and heard, impact on your ability to learn?